

Lesrooster December

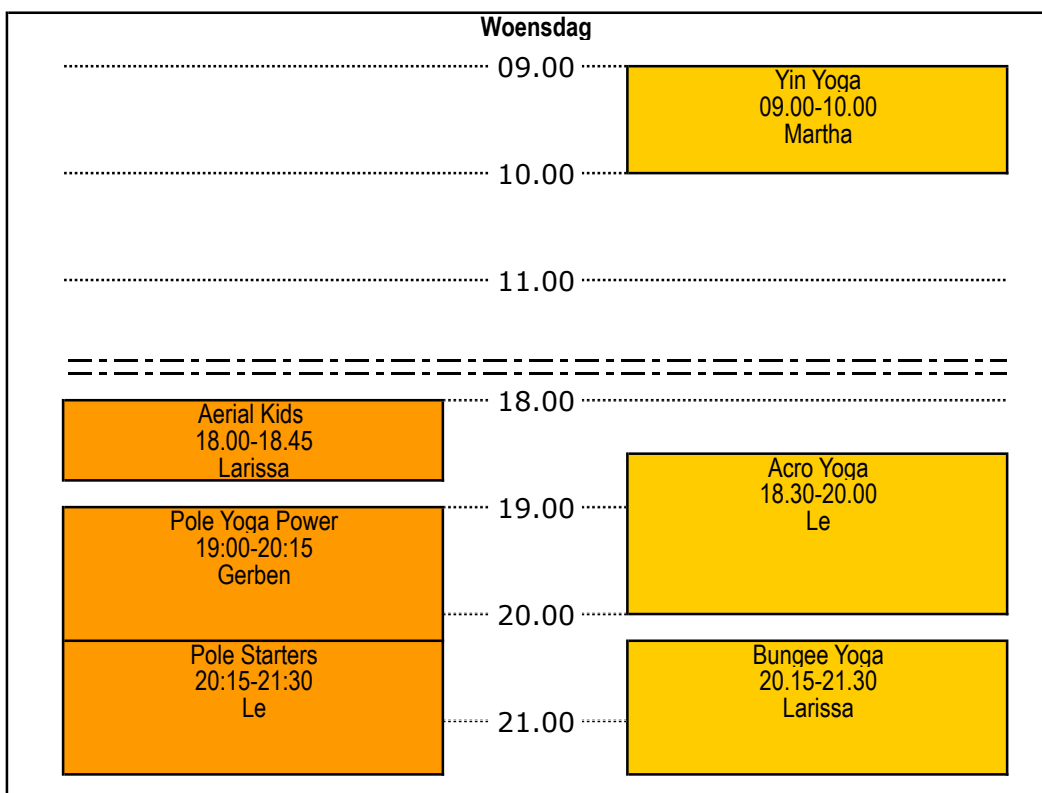
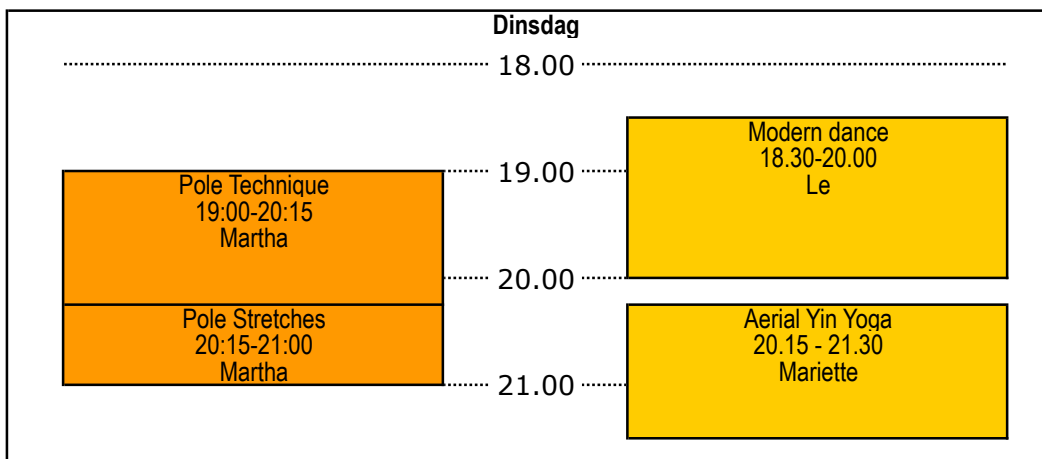
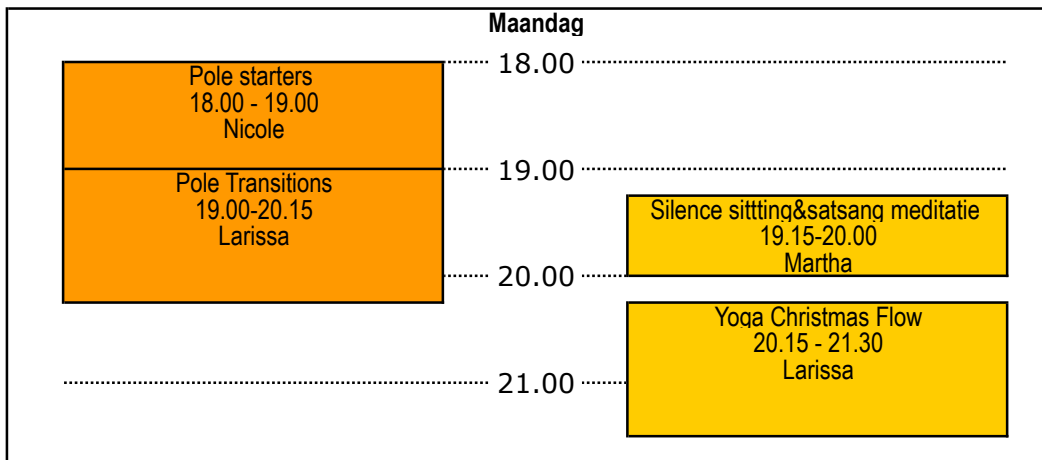
Dance & Yoga Styles



Vuurzaal



Aardezaal



Lesrooster December

Dance & Yoga Styles



Vuurzaal



Aardezaal

Donderdag	
	18.00
Sexy Pole 18.30-20.00 Leonie	19.00
	20.00
Aerial Hoop 20.00-21.00 Martha	21.00
Pole Floorwork 21.00-22.00 Martha	22.00

Barre Yoga 18.30-19.45 Le	
Aerial Yoga 20.00-21.15 Le	
Free meditatie 21.15-22.00	

Vrijdag	
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Zaterdag	
	08.00
	09.00
Free Pole Training 09.00-11.00	10.00
	11.00
	12.00

Meditatie 08.30-09.00	
Aerial Detox Yoga 09.00-10.30 Larissa	
Hatha Yoga 11.00-12.00 Larissa	